

Rules for Bicycles

- Bicycles travel on the roadway (Only rarely on the sidewalk.)
- * Bicycles follow the same rules as cars
- * Always ride on the left side of the road.
- * Sidewalk riding is prohibited, except where posted.
- * Where signs permit sidewalk riding, yield to pedestrians, ride slowly, and be prepared to stop instantly along the edge of the roadway.
- 2 Never ride under the influence of alcohol. Never carry a second person (except on a tandem bike).
- 3 Always ride in single file.
- 4 Turn on lights at night and in tunnels.
- 6 Obey traffic signals and stop signs.
- Never use a phone, headphones, or umbrella while riding.
- Wear your helmet

Safety Checklist

Regularly check the following.

- ☐ Brake adjustment ☐ Chain lubrication
- ☐ Tire pressure (Tire Condition)
- ☐ Cracks in the tread?
- ☐ Hole worn in the tread? ☐ Object stuck in the tire?
- ☐ Tire noise while riding?
- ☐ Recently inspected? (Recommended at least once a year)

If there is any problem, visit a bicycle shop for adjustment or repair. And be sure to get a checkup at a bicycle shop before a special event or long

[Beware of Thieves]

Nothing ruins your ride like a stolen bicycle. Don't let your bicycle be taken from a rack. If you can't see it, be sure it is locked!



Nanki-Shirahama Airport

Wakayama Pref.

The Pacific Cycling Road Route

●The Pacific Cycling Road is a 1,400 kmcyclingroad that runs from Choshi

City, Chiba Prefecture through Kanagawa Prefecture, Shizuoka

Prefecture, Aichi Prefecture, and Mie Prefecture, and ends in Wakayama

Pref. Wakayama city, Wakayama Prefecture.

including Mt. Fuii, a World Heritage Site.



Kumano no Oniga-jo tsuketari Shishi-iwa / Kumanonada Sea Cave

Mie Pref.

The Concept

A route for safe bicycling

• Along the cycling road, there are many sightseeing spots and scenic spots
• A route that is consistently promoted as an experience of the Pacific Coast

A route that is easy to follow



~ Don't Rush! Take It Fast-and-Slow! ~

This golden route passes through some of Japan's most scenic and touristic areas. Don't rush! Find a fast-and-slow rhythm that lets you experience the full richness of Japan.

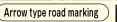


3) Road markings and information signs

- A Information sign
- B Road marking
- C Information on maps and website
- D Pacific Cycling Road Unified Logo
- A Information sign B Road marking







An arrow-headed road sign is installed to indicate the position of the bicycle to bicycle users and



pacific cycling road search D Pacific Cycling Road Unified Logo



provides Google mapping of the route and links to

information about localities along the

QR Codes

• The Pacific Waves Design was modeled after the Seigaiha, a pattern of blue ocean waves which is a Japanese famous pattern.

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- The image that represents the beauty of Japan' s Pacific Ocean Coast for both domestic and foreign tourists to enjoy while participating in slow tourism by
- The great benefits from the sea spanning six prefectures are put into the six seas, and the warm blue color expresses a calm and
- enveloping ocean.

 The bicycle was designed to be as simple as possible and easy to

Created by: Sayaka Koyanagi, Yokohama Art University



- The JR railway and some other public transport companies allow bicycles inside passenger carriages if they are folding bicycles, or if they are disassembled and inside a carry bag. Please inquire about the
- Bicycles with protruding or unfolded parts may not be allowed.
- Bicycles may be excluded during periods when transport is crowded.
- Please take care not to disturb others when disassembling and assembling your bicycle before and after your ride

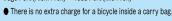
Example 2 Ferries

Tokyo-wan Ferry Required time ... About 40 min. Kanaya Port (Chiba Pref.) ~ Kurihama Port (Kanagawa Pref.)

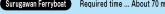
• There is a special baggage fee for bicycles.



Irago Port (Aichi Pref.) ~ Toba Port (Mie Pref.)







Shimizu Port (Aichi Pref.) ~ Toi Port (Mie Pref.) • There is no extra charge for a bicycle inside a carry bag.





Pacific Cycling Road

The official website provides Google mapping of the route localities along the route.

Pacific cycling Road

Pacific cycling Road website



Michinoeki, Kawanoeki Mizunosato Sawara

Michinoeki Kirari Asahi

Kuiukuri Beach

Tamasaki Shrine Kazusa Ichinomiya tourist office

Taitousaki Lighthouse

Naritasan Shinsyoji Temple

Chibanian

Narita International Airport

Gateway Cycle Station Accommodation

♣ Airport

Choshi Electric Railway Line

Choshi Station

START



Chiba Pref.

Cape Inubo is the easternmost point in the Kanto region. Here you can see the earliest sunrise in the region, aside from mountaintops and small remote



We have a special train car designed for cyclists, with bicycle racks. A new way of traveling the Boso Peninsula (reservation required).

We provide a recommended cycling route around the Boso Peninsula. Please refer to our home page for more information.



Chiba Pref. Facility information

Gateway

Byoubugaura Cliff

1	Chōshi Station	0479-22-1544

18 Guest house YAMAMOTO 0470-22-2671 19 TATEYAMA COAST

20 YUHIKAIGAN SHOKAKU 0470-23-8111

21 Guest house TSUNODA 0470-27-2755 22 Hamakanaya Port (TOKYOWAN-FERRY)

Cycle Station

Accommodation				Name	Phone
_	Name	Phone	1	Chōshi Station	0479-22-1
1	CHOSHI PLAZA HOTEL	0479-22-0070	2	Chikyu no Maruku Mieru Oka Ocean View Observatory	0479-25-0
2	HOTEL SUNRISE CHOSHI	0479-25-7070	3	Shiosai Fureai Square	0479-62-8
3	Kamome Hotel	0479-22-6255	4	Hasunuma Seaside Park	0475-86-3
4	Inubohsaki Hotel	0479-22-8111	5	Michinoeki-Orai Hasunuma	0475-80-5
5	Kanpo no Yado Asahi	0479-63-2161	6	Sea Station Kujukuri	0475-76-1
6	NANJA MONJA	0479-84-0317	7	Tsurigasaki Beach	0475-42-2
7	YADO OMIYA	0470-99-5077	8	Tsuki no Sabaku Memorial Museum	0470-68-6
8	Guest house ASOBO	0470-29-5228	9	Katsuura Under Sea Park	0470-76-2
9	SHIRAHAMA OCEAN RESORT	0470-38-2511	10	Awa-Kamogawa Station	0470-92-0
10	REFRESH INN TOMORROW	0470-28-1715	11	Michinoeki-Kamogawa Ocean Park	0470-96-1
11	Ryokan Seifusou	0470-28-0697	12	Michinoeki- Wadaura Wao!	0470-47-3
12	Senri no Kaze	0470-28-2211	13	Michinoeki- Rosemary Park	0470-46-2
13	PENSION MERMAID	0470-28-1517	14	Michinoeki-Chikura Shiokaze Okoku	0470-43-1
14	PENSION CATCHBALL	0470-28-2409	15	Michinoeki- Shirahamano Jimazaki	0470-38-5
15	Tateyama Resot Hotel	0470-29-2100	16	Michinoeki-Nanbo Paradise	0470-28-1
16	National Park Resort KYUKAMURA TATEYAMA	0470-29-0211	17	"Nagisa no Eki" Tateyama	0470-22-3

20 Michinoeki-Kyonan 0470-55-4518

Kanagawa Pref.



Bicycling along the Shonan Coast between Inamuragasaki (in Kamakura) and Enoshima offers views of the island of **Enoshima and Mt. Fuji.**

Kanagawa Pref. Facility information

046-835-8855

0466-34-001

0467-73-8632

0463-61-4329

Gateway

1 Yanagishima Sports Park 0467-73-8632

Accommodation

1 Sanport Misaki

Cycle Station

1 (kurihama Area)

5 Tsujidou-Kaihin-Prefectural-Park

6 Yanagishima Sports Park

7 Port of Oiso

URARI Marche 2 (Misaki Port) 3 Zushi Coast Park

4 Shonan Beach Park 0466-34-9912

8 Oiso Jyoyama Park 0463-61-0355

Ferries

Tokyo-wan Ferry

Kanaya Port (Chiba Pref.)

Required time ... About 40 min.

~ Kurihama Port (Kanagawa Pref.)

Port of Yokosuka





Tokyo International Airport

Kencho-ji Temple Engaku-ji Temple Tsuruoka Hachiman-gu Shrine Meigetsu-in Temple Kakuon-ii Temple Zuisen-ii Temple Jufuku-ii Temple

Kamakura Kokuhokan Museum

Enoshima Shrine Enoshima Aquarium Enoshima Electric Railway Hamakanaya Mother Farm -Mitsuishi Seacoast Keikyu Aburatsubo Marine Park

Kanagawa Pref. Shizuoka Pref.

Kosoku-ji Temple Hase-dera Temple

Kotoku-in (Great Buddha of Kamakura)

Shizuoka Pref.

Yugawara Onsen

Sunosaki Lighthouse imazaki Lighthouse Kanagawa Pref. | Chiba Pref.













