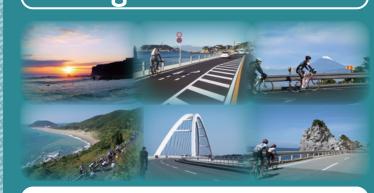


# **Pacific Cycling Road** Cycling Map

~ Don't Rush! Take It Fast-and-Slow! ~

This golden route passes through some of Japan's most scenic and touristic areas. Don't rush! Find a fast-and-slow rhythm that lets you experience thefull richness of Japan.

## Kanagawa Pref. [West ver.]





### Rules for Bicycles

- In general, bicycles are to ride on the road. \*Bicycles follow the same rules as cars
- \*Always ride on the left side of the road. \*When traveling on sidewalks, give pedestrians priority and travel on the road side of the route.
- \*When bicycles can normally use sidewalks
- When there are signs indicating that bicycles may use the sidewalk · When the rider is under 13, 70 or older, or has a physical disability · When traffic conditions require riding on the sidewalk for safety
- \*Tandem bikes cannot use sidewalks.
- ② Obey traffic signals and always come to a complete stop at stop signs. 3 Riding while using a cellphone, headphones with high volume or an umbrella is prohibited.
- **4** Riding under the influence of alcohol and riding double (riding beyond capacity limit) are strictly forbidden.
- **5** Do not ride side-by-side. Always ride single-file.
- 6 Turn on lights at night and in tunnels.
- **7** Get a bicycle damage liability insurance plan.

#### [Wear a cycling helmet!]

Many people dying in cycling accidents suffer serious injury to their heads. Prepare for accidents by wearing a helmet that will protect your head while riding.

#### ✓ Safety Checklist

#### Regularly **C**check the following.

- ☐ Brake adjustment ☐ Chain oil/air pressure
- ☐ Remaining light battery (front and back)

#### [Tire Condition]

- ☐ Cracks in the tread?
- ☐ Can you see the cloth/thread?
- ☐ Hole worn in the tread?
- ☐ Object stuck in the tire?
- ☐ Tire noise while riding? ☐ Recently inspected? (Recommended at least once a year) If there is any problem, visit a bicycle shop for adjustment or repair.
- And be sure to get a checkup at a bicycle shop before a special event or long ride.
- \*Check brakes again before descending!
- \*There are many tunnels. Attach lights to both front and back!

#### [Beware of Thieves]

Nothing ruins your ride like a stolen bicycle. Don't let your bicycle be taken from a rack. If you can't see it, be sure it is locked!

Updated December 2020

BICYCLE

Shirarahama Beach

Senjojiki Coast— Sandanbeki Cliff

Nanki-Shirahama Airpo

Shirahama Key Terrace Seamore

Nanki-Shirahama AirPort

# Pacific Cycling Road Cycling Map Pacific Cycling Map



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Osugidani Valley

Nanki-Katsuura

Wakayama Pref.

What to eat?

Road markings and information signs A Information sign B Road marking Kumano no Oniga-jo tsuketari Shishi-iwa / Kumanonada Sea Cave

> mapping of the route and links to information about localities along

- 1) The Pacific Cycling Road Route ●The Pacific Cycling Road is a 1,400km cycling road that runs from Choshi City, Chiba Prefecture through Kanagawa Prefecture, Shizuoka Prefecture, Aichi Prefecture, and Mie Prefecture, and ends in Wakayama Pref. Wakayama city,
- •Along the cycling road, there are many sightseeing spots and scenic spots including Mt. Fuji, a World Heritage Site.

# 2 The Concept

Mie Pref.

- Get details about local cuisine from the tourist information for each area in the regional information section of the Pacific Cycling Road website. A route for safe bicycling A route that is easy to follow
  - A route that is consistently promoted as an experience of the Pacific Coast



C Information on maps The official website provides Google

Shizuoka Pref.

# D Pacific Cycling Road Unified Logo

- ●The Pacific Waves Design was modeled after the Seigaiha, a pattern of blue ocean waves which is a Japanese famous pattern. ●The image that represents the beauty of Japan's Pacific Ocean Coast for both domestic and foreign
- tourists to enjoy while participating in slow tourism by bicycle. ●The great benefits from the sea spanning six prefectures are put into the six seas, and the warm blue color expresses a calm and enveloping
- The bicycle was designed to be as simple as possible and easy to see Created by: Sayaka Koyanagi, Yokohama Art University



- ●The JR railway and some other public transport companies allow bicycles inside passenger carriages if they are folding bicycles, or if they are disassembled and inside a carry bag. Please inquire about the policy of each
- Bicycles with protruding or unfolded parts may not be allowed
- Bicycles may be excluded during periods when transport is crowded. •Please take care not to disturb others when disassembling and assembling your bicycle before and after your ride.



Kangaroo Cycling Event Package Kangaroo Cycling Transport

There is no extra charge for a bicycle

Sagawa Express Hikyaku Large Size Express

# inside a carry bag. Surugawan Ferryboat About 70 min.

Chiba Pref.

Shimizu Port (Aichi Pref.) ~ Toi Port (Mie Pref.) ●There is no extra

charge for a bicycle inside a carry bag.

baggage fee for bicycles.

Irago Port (Aichi Pref.)

Toba Port (Mie Pref.)





Gateway

List

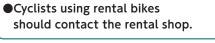


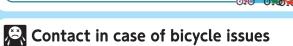
**Solution** Station













For details, see the Pacific Cycling





