



Pacific Cycling Road Cycling Map

~ Don't Rush! Take It Fast-and-Slow! ~

This golden route passes through some of Japan's most scenic and touristic areas. Don't rush! Find a fast-and-slow rhythm that lets you experience the full richness of Japan.

Shizuoka Pref. [Izu Peninsula Area Ver.]



Rules for Bicycles

- In general, bicycles are to ride on the road.
 - * Bicycles follow the same rules as cars
 - * Always ride on the left side of the road.
 - * When traveling on sidewalks, give pedestrians priority and travel on the road side of the route.
 - * When bicycles can normally use sidewalks
 - When there are signs indicating that bicycles may use the sidewalk
 - When the rider is under 13, 70 or older, or has a physical disability
 - When traffic conditions require riding on the sidewalk for safety
 - * Tandem bikes cannot use sidewalks.
- Obey traffic signals and always come to a complete stop at stop signs.
- Riding while using a cellphone, headphones with high volume or an umbrella is prohibited.
- Riding under the influence of alcohol and riding double (riding beyond capacity limit) are strictly forbidden.
- Do not ride side-by-side. Always ride single-file.
- Turn on lights at night and in tunnels.
- Get a bicycle damage liability insurance plan.

(Wear a cycling helmet!)

Many people dying in cycling accidents suffer serious injury to their heads. Prepare for accidents by wearing a helmet that will protect your head while riding.

✓ Safety Checklist

Regularly check the following.

- ☐ Brake adjustment
- ☐ Chain oil/air pressure
- ☐ Remaining light battery (front and back)

(Tire Condition)

- ☐ Cracks in the tread?
- ☐ Can you see the cloth/thread?
- ☐ Hole worn in the tread?
- ☐ Object stuck in the tire?
- ☐ Tire noise while riding?
- ☐ Recently inspected? (Recommended at least once a year)

If there is any problem, visit a bicycle shop for adjustment or repair. And be sure to get a checkup at a bicycle shop before a special event or long ride.

* Check brakes again before descending!

* There are many tunnels. Attach lights to both front and back!

(Beware of Thieves)

Nothing ruins your ride like a stolen bicycle. Don't let your bicycle be taken from a rack. If you can't see it, be sure it is locked!



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More information on our website



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Wakayama Pref.



Shirasaki Sea Coast

Mie Pref.



Meotoiwa (wedded-rocks)

Aichi Pref.



Cape Irigo Lighthouse

Shizuoka Pref.



Mt. Fuji

Kanagawa Pref.

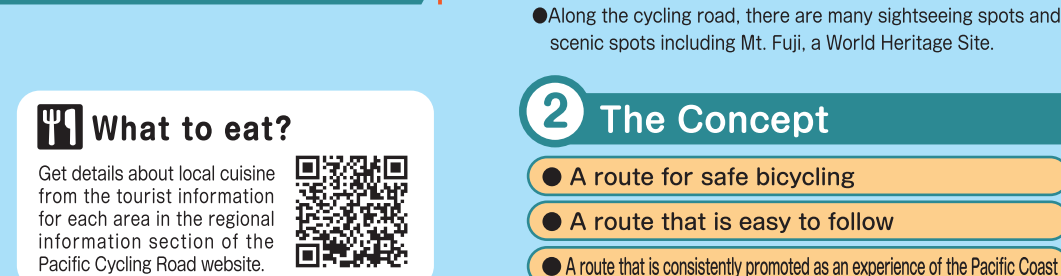
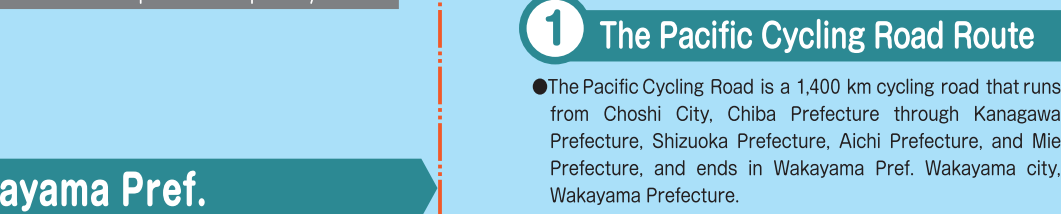
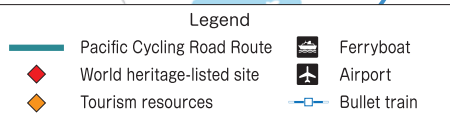
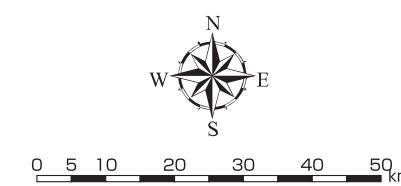


Shonan Sea Coast

Chiba Pref.



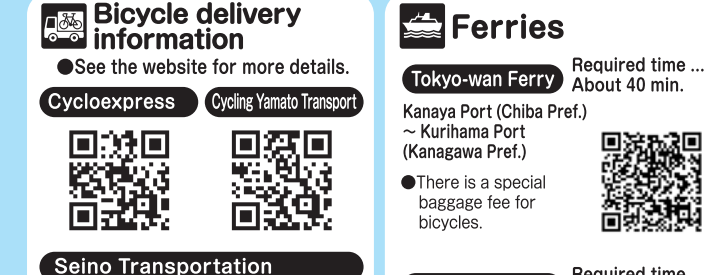
Inubasaki



3 Road markings and information signs



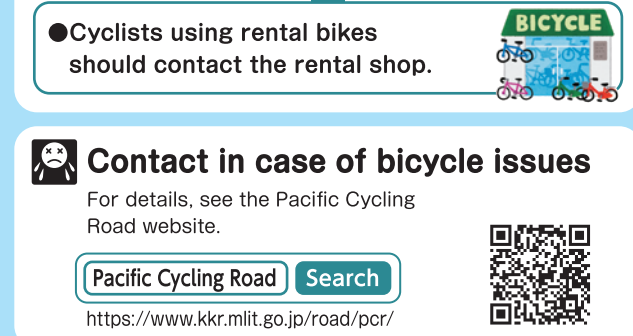
Traveling with a Bicycle on Public Transport



Cycle Station



In case of emergency





Pacific Cycling Road

Shizuoka Pref. [Izu Peninsula Area]

Pacific Cycling Road website

The official website provides Google mapping of the route and links to information about localities along the route.

Pacific cycling Road Search



Shizuoka Pref.



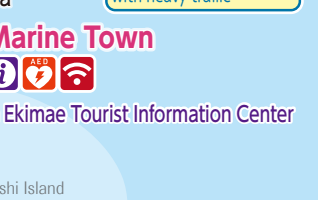
Enjoy cycling along the Suruga bay, with views of Mt.Fuji, and the Pacific Ocean.

There is a terrace overlooking the beautiful coast at night



Oyukanketsusen

There is a 4-lane section in Atami City and Ito City, with heavy traffic.



Kawana Lighthouse

There is an observation deck overlooking the Izu Oshima & Jogasaki Coast

Shizuoka Port - Toi Port (Shizuoka Pref.)

If your bicycle is in a bicycle bag, passenger fare will be applied for boarding. For details, please see the website.

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