

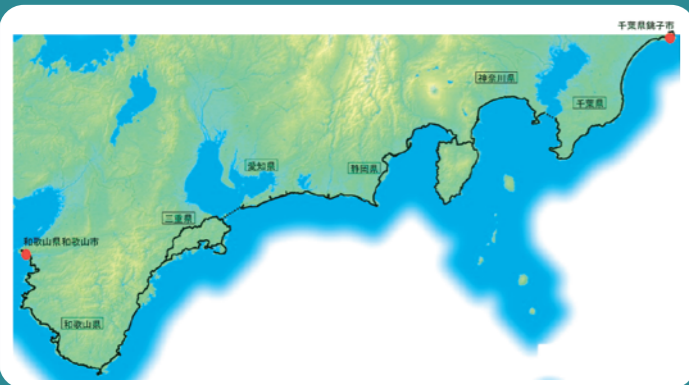


# Pacific Cycling Road Cycling Map

~ Don't Rush! Take It Fast-and-Slow! ~

This golden route passes through some of Japan's most scenic and touristic areas. Don't rush! Find a fast-and-slow rhythm that lets you experience the full richness of Japan.

## Shizuoka Pref. [Suruga Bay Area Ver.]



# Pacific Cycling Road Cycling Map

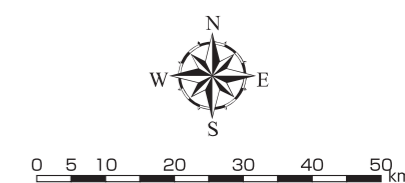
More information on our website



# ~ Don't Rush! Take It Fast-and-Slow! ~

This golden route passes through some of Japan's most scenic and touristic areas. Don't rush! Find a fast-and-slow rhythm that lets you experience the full richness of Japan.

- Wakayama Pref.
- Mie Pref.
- Aichi Pref.
- Shizuoka Pref.
- Kanagawa Pref.
- Chiba Pref.



### Gateway List

Shizuoka Pref.	Aichi Pref.	Mie Pref.	Wakayama Pref.
Izu-Kogen Sta., Izu Gateway Kannami, Shimizu Sta., Bentenjima Sta.	Michi-no-Eki Toyohashi	Toba Station/TobaBangai	Nanki-Shirahama Airport, Shirahama Key Terrace Seamore, Wakayama City Central Wholesale Market, General Food Center(Wakayama marche)

### Legend

- Pacific Cycling Road Route
- World heritage-listed site
- Tourism resources
- Ferryboat
- Airport
- Bullet train

## Rules for Bicycles

- In general, bicycles are to ride on the road.
  - \* Bicycles follow the same rules as cars
  - \* Always ride on the left side of the road.
  - \* When traveling on sidewalks, give pedestrians priority and travel on the road side of the route.
  - \* When bicycles can normally use sidewalks
    - When there are signs indicating that bicycles may use the sidewalk
    - When the rider is under 13, 70 or older, or has a physical disability
    - When traffic conditions require riding on the sidewalk for safety
  - \* Tandem bikes cannot use sidewalks.
- Obey traffic signals and always come to a complete stop at stop signs.
- Riding while using a cellphone, headphones with high volume or an umbrella is prohibited.
- Riding under the influence of alcohol and riding double (riding beyond capacity limit) are strictly forbidden.
- Do not ride side-by-side. Always ride single-file.
- Turn on lights at night and in tunnels.
- Get a bicycle damage liability insurance plan.

**(Wear a cycling helmet!)**  
Many people dying in cycling accidents suffer serious injury to their heads. Prepare for accidents by wearing a helmet that will protect your head while riding.

## Safety Checklist

- Regularly check the following.
- Brake adjustment
  - Chain oil/air pressure
  - Remaining light battery (front and back)

## (Tire Condition)

- Cracks in the tread?
- Can you see the cloth/thread?
- Hole worn in the tread?
- Object stuck in the tire?
- Tire noise while riding?
- Recently inspected? (Recommended at least once a year)

If there is any problem, visit a bicycle shop for adjustment or repair. And be sure to get a checkup at a bicycle shop before a special event or long ride.

- \* Check brakes again before descending!
- \* There are many tunnels. Attach lights to both front and back!

## (Beware of Thieves)

Nothing ruins your ride like a stolen bicycle. Don't let your bicycle be taken from a rack. If you can't see it, be sure it is locked!

The main map shows the Pacific Cycling Road route starting at Choshi Station in Chiba Prefecture and ending at Kada Port in Osaka Prefecture. It passes through Chiba, Kanagawa, Tokyo Metropolitan, Yamanashi, Nagano, Shizuoka, Aichi, Mie, Nara, and Wakayama Prefectures. Key landmarks include Mt. Fuji, Lake Hamana, and various shrines and temples. Detailed maps for each prefecture are provided as insets.

### Wakayama Pref.

Wakayama City Central Wholesale Market, General Food Center(Wakayama marche)

Nanki-Shirahama Airport, Shirahama Key Terrace Seamore

Hashigui Rocks, Cape Shionomisi

### 1 The Pacific Cycling Road Route

- The Pacific Cycling Road is a 1,400 km cycling road that runs from Choshi City, Chiba Prefecture through Kanagawa Prefecture, Shizuoka Prefecture, Aichi Prefecture, and Mie Prefecture, and ends in Wakayama Pref. Wakayama city, Wakayama Prefecture.
- Along the cycling road, there are many sightseeing spots and scenic spots including Mt. Fuji, a World Heritage Site.

### 2 The Concept

- A route for safe bicycling
- A route that is easy to follow
- A route that is consistently promoted as an experience of the Pacific Coast

### 3 Road markings and information signs

**A Information sign**  
10m

**B Road marking**  
40m

**Arrow type road marking**

An arrow-headed road sign is installed to indicate the position of the bicycle to bicycle users and drivers.

### C Information on maps and website

The official website provides Google mapping of the route and links to information about localities along the route.

QR code

### D Pacific Cycling Road Unified Logo

- The Pacific Waves Design was modeled after the Seigaiha, a pattern of blue ocean waves which is a Japanese famous pattern.
- The image that represents the beauty of Japan's Pacific Ocean Coast for both domestic and foreign tourists to enjoy while participating in slow tourism by bicycle.
- The great benefits from the sea spanning six prefectures are put into the six seas, and the warm blue color expresses a calm and enveloping ocean.
- The bicycle was designed to be as simple as possible and easy to see and understand.

Created by: Sayaka Koyanagi, Yokohama Art University

### Traveling with a Bicycle on Public Transport

- The JR railway and some other public transport companies allow bicycles inside passenger carriages if they are folding bicycles, or if they are disassembled and inside a carry bag. Please inquire about the policy of each transport company.
- Bicycles with protruding or unfolded parts may not be allowed.
- Bicycles may be excluded during periods when transport is crowded.
- Please take care not to disturb others when disassembling and assembling your bicycle before and after your ride.

### Bicycle delivery information

See the website for more details.

Cycloexpress, Cycling Yamato Transport

Seino Transportation, Kangaroo Cycling Event Package, Kangaroo Cycling Transport

Sagawa Express, Hikyaku Large Size Express

### Ferries

**Tokyo-wan Ferry** Required time... About 40 min.  
Kanagawa Port (Chiba Pref.) ~ Kurihama Port (Kanagawa Pref.)

**Isewan Ferryboat** Required time... About 55 min.  
Irago Port (Aichi Pref.) ~ Toba Port (Mie Pref.)

**Surugawan Ferryboat** Required time... About 70 min.  
Shimizu Port (Aichi Pref.) ~ Toi Port (Mie Pref.)

### Cycle Station

Feel free to stop by on your trek to rest at these places provided along the route of the Pacific Cycling Road in each prefecture. For details see the Pacific Cycling Road website.

Pacific Cycling Road Search  
<https://www.kkr.mlit.go.jp/road/pcr/>

### In case of emergency

In case of accident

When there is an injury, contact life-saving ambulance services first

TEL119 (Ambulance) TEL110 (Police)

Cyclists using rental bikes should contact the rental shop.

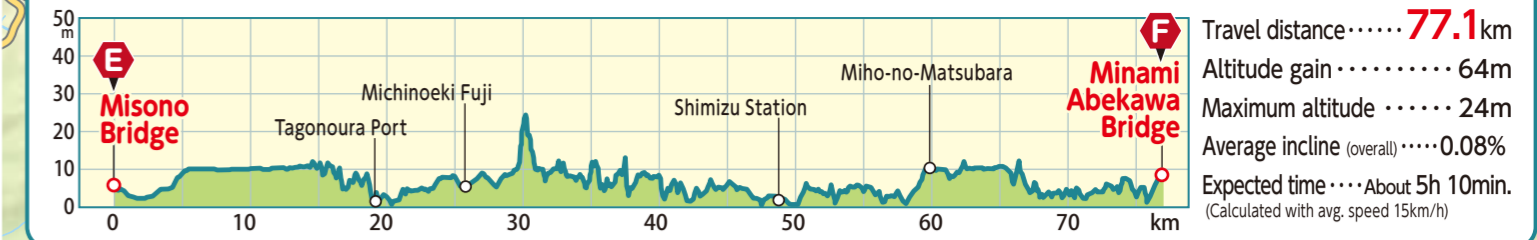
### Contact in case of bicycle issues

For details, see the Pacific Cycling Road website.

Pacific Cycling Road Search  
<https://www.kkr.mlit.go.jp/road/pcr/>

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Pacific cycling Road Search



### Shimizu Station Surrounding Area Magnified View

- Shimizu Station
- Shimizu City Hotel
- Hotel Quest Shimizu
- Misonoryokan
- Shimizu Station East Exit Parking Lot
- Shimizu Cultural Hall MARINART
- Shimizu Fish Market
- Shimizu Ward Office
- Chibi Maruko Chan Land
- Shimizu Marine Park
- Shimizu Sakuragaoka Park
- Sakuragaoka Hospital
- 'Suehiro' Shimizu Port Seaman's Inn Museum

### Shizuoka Pref.

Enjoy cycling along the Suruga bay, with views of Mt.Fuji, and the Pacific Ocean.



## Suruga bay Route Numazu city Misono Bridge – Minami-abekawa Bridge 77.1km

Shizuoka Pref. Facility Information

Cyclist-friendly lodging facilities		Gateway		
No.	Name	No.	Name	
18	Kona StayIzunagaoka	055-948-0055	2 Michinoeki Izu Gateway Kannami	055-979-1112
19	Azumaya Ryokan	055-948-0114	3 Shimizu Station	-
20	Komatsuya Hachinobo	055-948-1301	<b>Cycle Station</b>	
21	Saneatsu No Yado Izumiso	055-948-1235	10 Michinoeki Kurura Heda	0558-94-5151
22	Hotel Sunvalley Izunagaoka	055-948-3800	11 NUMAZU Cycle Station Shizuurahigashi	055-934-4843
23	Numazu Grand Hotel	055-962-0001	12 Michinoeki Izu-no-Heso	0558-76-1630
24	Kappo Ryokan Nishiyama	054-375-3055	13 Michinoeki Izu Gateway Kannami	055-979-1112
25	Suruga Health Land	054-369-6111	14 Numazu Port Observation Water Gate View-O	055-964-1300
26	Okitsu Onsen	054-369-0542	15 Michinoeki Fuji	0545-63-2001
27	Bay Hotel Irifune-kan	054-361-3000	16 Yui Honjin Park	054-375-5166
28	Shimizu City Hotel	054-366-2266	17 Shimizu Station East Exit Parking Lot	054-353-2218
29	Hotel Quest Shimizu	054-366-7101	18 Miho no Matsubara Culture & Creativity Center 'Miho Shirube'	054-340-2100
30	Misonoryokan	054-364-2525	19 Osada Gymnasium	054-257-3411

### Mt. Fuji Shimizu Port Cruise

This sightseeing ship cruises around Shimizu Port.

### Water Bus

Miho Hagoromo Line / Tsukama Route

Bicycles can be brought on-board

For details, please see the website.

### Suruga Bay Ferry

Required time About 70 min.

Shimizu port – Toi port (Shizuoka Pref.)

If your bicycle is in a bicycle bag, passenger fare will be applied for boarding. For details, please see the website.

### See a side of Shizuoka you've never seen before.

## SHIZUOKA CYCLING

See Mt. Fuji, Suruga Bay, the Izu Peninsula, the old Tokaido Road, vast tea fields, and more. Cyclists both advanced and beginners alike can enjoy these sights on Shizuoka Cycle Road!

### Legend

- Pacific Cycling Road
- Road Fork
- Shinkansen
- JR line
- Private railway
- Gateway
- Cycle Station
- Accommodation
- Ferry
- World heritage-listed site
- Tourism resources
- Sightseeing
- City Hall
- Town Hall
- Michi-no-Eki
- WIFI availability
- Lodging facilities
- AED
- School
- Hot spring
- Hospital
- Convenience store
- Ride info (hilly road)
- Bicycle pump rentals
- Drinking water is available
- Rest area
- Bicycle rack
- Bicycle rental
- Bicycle Shop
- Repair support/tools available
- Tourism information center

