

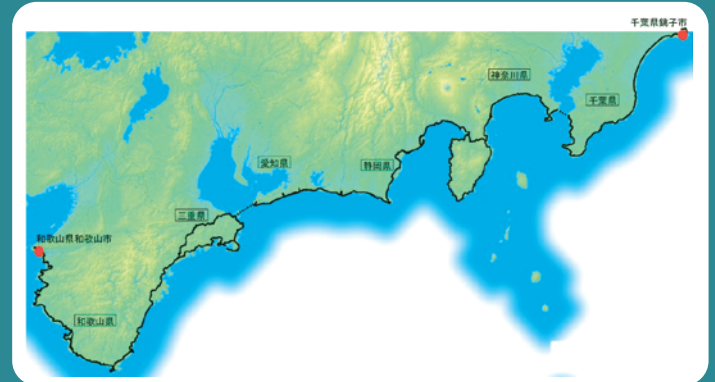


Pacific Cycling Road Cycling Map

~ Don't Rush! Take It Fast-and-Slow! ~

This golden route passes through some of Japan's most scenic and touristic areas. Don't rush! Find a fast-and-slow rhythm that lets you experience the full richness of Japan.

Wakayama Pref. [Southern part ①]



Rules for Bicycles

- In general, bicycles are to ride on the road.
 - * Bicycles follow the same rules as cars
 - * Always ride on the left side of the road.
 - * When traveling on sidewalks, give pedestrians priority and travel on the road side of the route.
 - * When bicycles can normally use sidewalks
 - When there are signs indicating that bicycles may use the sidewalk
 - When the rider is under 13, 70 or older, or has a physical disability
 - When traffic conditions require riding on the sidewalk for safety
 - * Tandem bikes cannot use sidewalks.
- Obey traffic signals and always come to a complete stop at stop signs.
- Riding while using a cellphone, headphones with high volume or an umbrella is prohibited.
- Riding under the influence of alcohol and riding double (riding beyond capacity limit) are strictly forbidden.
- Do not ride side-by-side. Always ride single-file.
- Turn on lights at night and in tunnels.
- Get a bicycle damage liability insurance plan.

[Wear a cycling helmet!]

Many people dying in cycling accidents suffer serious injury to their heads. Prepare for accidents by wearing a helmet that will protect your head while riding.

✓ Safety Checklist

Regularly check the following.

- ☐ Brake adjustment
- ☐ Chain oil/air pressure
- ☐ Remaining light battery (front and back)

[Tire Condition]

- ☐ Cracks in the tread?
- ☐ Can you see the cloth/thread?
- ☐ Hole worn in the tread?
- ☐ Object stuck in the tire?
- ☐ Tire noise while riding?
- ☐ Recently inspected? (Recommended at least once a year)

If there is any problem, visit a bicycle shop for adjustment or repair. And be sure to get a checkup at a bicycle shop before a special event or long ride.

* Check brakes again before descending!

* There are many tunnels. Attach lights to both front and back!

[Beware of Thieves]

Nothing ruins your ride like a stolen bicycle. Don't let your bicycle be taken from a rack. If you can't see it, be sure it is locked!

Updated Dec.2020



Pacific Cycling Road Cycling Map

More information on our website



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Wakayama Pref.



Shirasaki Sea Coast

Mie Pref.



Meotoiwa (wedded-rocks)

Aichi Pref.



Cape Irago Lighthouse

Shizuoka Pref.



Mt. Fuji

Kanagawa Pref.

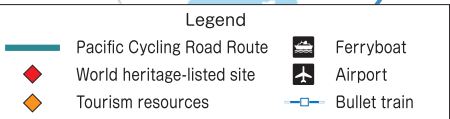
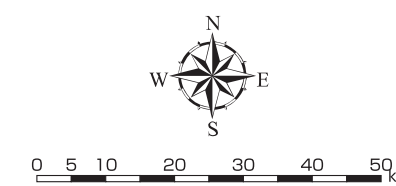


Shonan Sea Coast

Chiba Pref.



Inubosaki



Detailed map on reverse

Wakayama Pref.

What to eat?

Get details about local cuisine from the tourist information for each area in the regional information section of the Pacific Cycling Road website.



1 The Pacific Cycling Road Route

- The Pacific Cycling Road is a 1,400km cycling road that runs from Choshi City, Chiba Prefecture through Kanagawa Prefecture, Shizuoka Prefecture, Aichi Prefecture, and Mie Prefecture, and ends in Wakayama Pref. Wakayama city, Wakayama Prefecture.
- Along the cycling road, there are many sightseeing spots and scenic spots including Mt. Fuji, a World Heritage Site.

2 The Concept

- A route for safe bicycling
- A route that is easy to follow
- A route that is consistently promoted as an experience of the Pacific Coast

3 Road markings and information signs



- The JR railway and some other public transport companies allow bicycles inside passenger carriages if they are folding bicycles, or if they are disassembled and inside a carry bag. Please inquire about the policy of each transport company.
- Bicycles with protruding or unfolded parts may not be allowed.
- Bicycles may be excluded during periods when transport is crowded.
- Please take care not to disturb others when disassembling and assembling your bicycle before and after your ride.

Bicycle delivery information

- See the website for more details.



Seino Transportation

- Kangaroo Cycling Event Package
- Kangaroo Cycling Transport



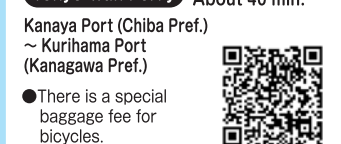
Sagawa Express

- Hikyaku Large Size Express



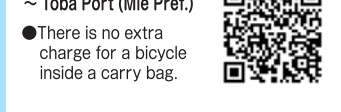
Ferries

- Tokyo-wan Ferry
- Required time ... About 40 min.



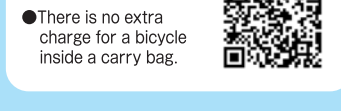
Isewan Ferryboat

- Required time ... About 55 min.



Surugawan Ferryboat

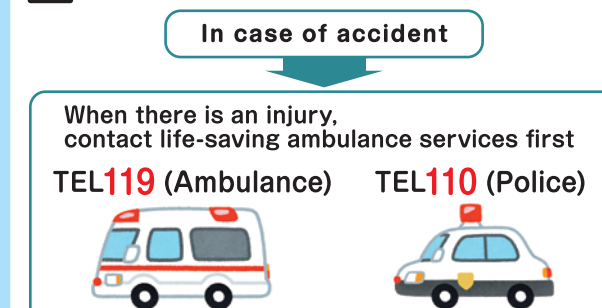
- Required time ... About 70 min.



Cycle Station

Feel free to stop by on your trek to rest at these places provided along the route of the Pacific Cycling Road in each prefecture. For details see the Pacific Cycling Road website.

In case of emergency



When there is an injury, contact life-saving ambulance services first
TEL119 (Ambulance) TEL110 (Police)

Cyclists using rental bikes should contact the rental shop.

Contact in case of bicycle issues

For details, see the Pacific Cycling Road website.





Pacific Cycling Road



Wakayama Pref. Shingu Sta. ~ Michi-no-Eki Susami

Pacific Cycling Road Website

The official website provides Google mapping of the route and links to information about localities along the route.



Pacific Cycling Road Search



Mie Pref.

Wakayama Pref.

This unforgettable cycling route takes you around the southernmost tip of Honshu. Peddle your way to unlimited views of the horizon and the mesmerizing sound of the waves and sea breezes coming in off the waters of the Kuroshio Sea.



Cape Shionomisaki (Kushimoto Town)

Lodging and Cycle Stations in Wakayama Pref.

● Cyclist-friendly accommodation

No.	Name	Phone
1	Youth Library Engawa	0735-29-7105
2	Sunshine Hotel	0735-23-2580
3	TAKATA GREEN LAND Kumatori Onsen	0735-29-0321
4	Sunrise Katsuura	0735-52-3030
5	Hotel Nagisaya	0735-52-0015
6	Isanano Yado Hakugei	0735-59-2323
7	Guesthouse Nanki-Kumanoie	0735-72-6009
8	Guesthouse Nanki-Kumanoie Onsen Botanoso	0735-72-0376
9	HOTEL&RESORTS WAKAYAMA KUSHIMOTO	0735-62-7771
10	Bayside Inn Kushimotokan	0735-62-7757

● Cycle Station

No.	Name	Phone	No.	Name	Phone
1	Jofuku Park	0735-21-7672	11	Nankikushimoto Tourist Association	0735-62-3171
2	Shingu City Tourist Association	0735-22-2840	12	TSUBAKI COFFEE AND MORE	0735-70-4500
3	Okonomiokoku Ranban	0735-22-3936	13	Kishu Nagisanoeki Minatomatsuri	0735-62-7787
4	maffably	0735-22-0662	14	NANKI KUMANO GEOPARK CENTER	0735-67-7100
5	BEI CYCLE	0735-54-1021	15	A-Coop Kinan Tanami	0735-66-0002
6	Michi-no-Eki Nachi	0735-52-9201	16	Lawson Susami Esumi Store	0739-58-0711
7	Michi-no-Eki Taiji	0735-29-7690	17	Umi-no-Oyado	0739-58-8000
8	Taiji Whale Museum	0735-59-2400	18	Michi-no-Eki Susami	0739-58-8888
9	Guesthouse Nanki-Kumanoie	0735-72-6009	19	Nonbiriya Café (Mirozu Sta.)	090-5244-6302
10	Kushimoto Gihei (Hashigui Store)	0735-62-5075			

Enlarged view of Kushimoto Town



Nachinotaki Waterfall (Nachikatsuura Town)



Kumano Hayatama-taisha Shrine (Shingu City)



Fudarakan-jii Temple (Nachikatsuura Town)



Nanki-katsuura Onsen (Nachikatsuura Town)



The Ichimai-iwa Monolith of Kozagawa Riv. (Kozagawa Town)



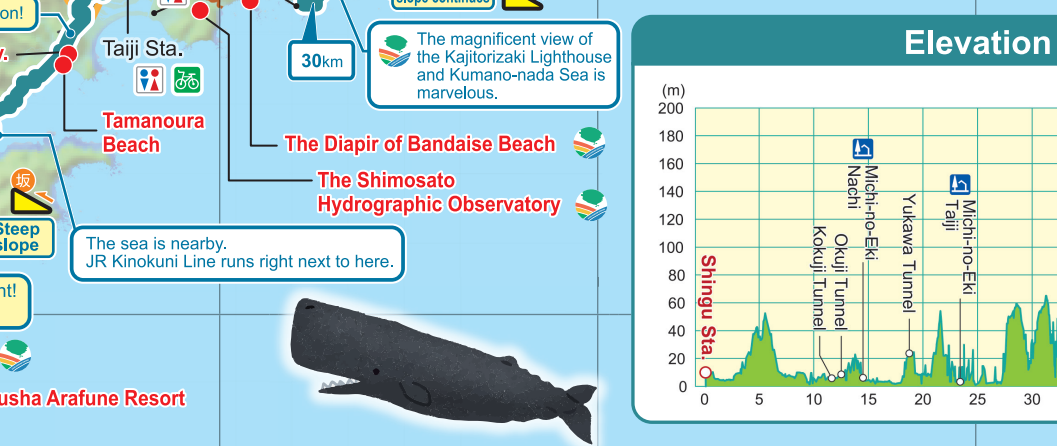
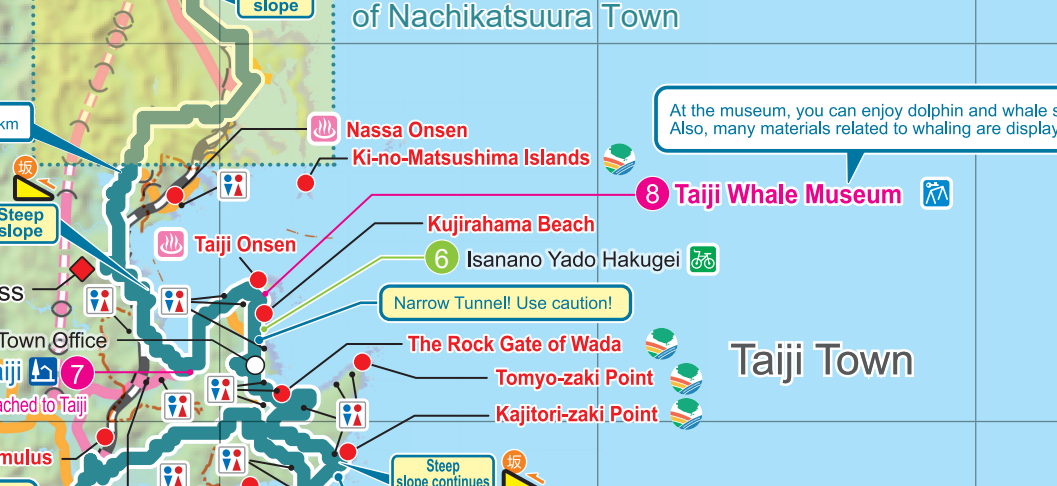
Michi-no-Eki Taiji (Taiji Town)

With its drop of 133 m, Nachinotaki Waterfall are the highest waterfall in Japan.

Kumano Nachi-taisha Shrine is one of the Three Main Kumano Grand Shrines. On the grounds, a shrine and temple stand next to each other, a defining cultural quality of Japan that dates back to the syncretism of Shinto and Buddhism.

"Gateway" in Taiji Town There is a food court where you can buy local specialties. The very clean toilet is a must-see.

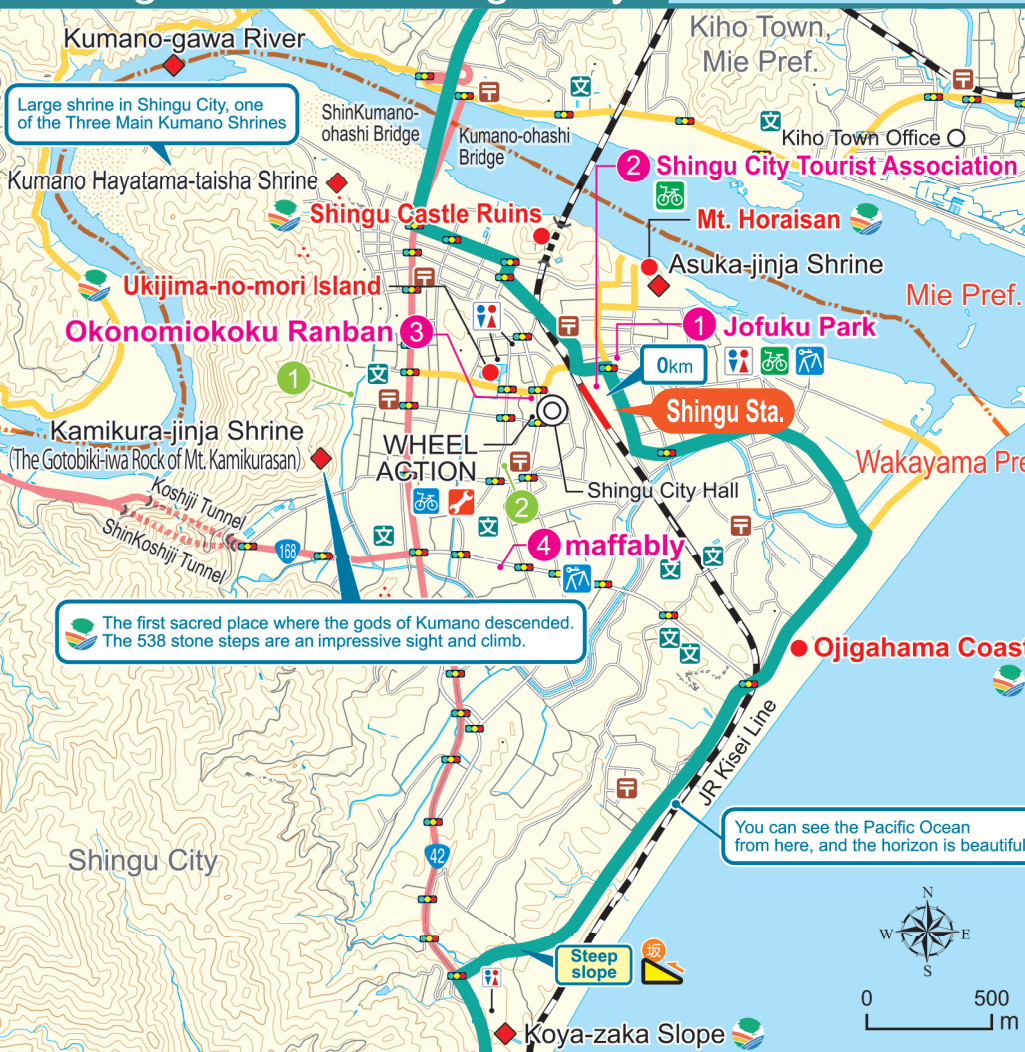
Shingu City



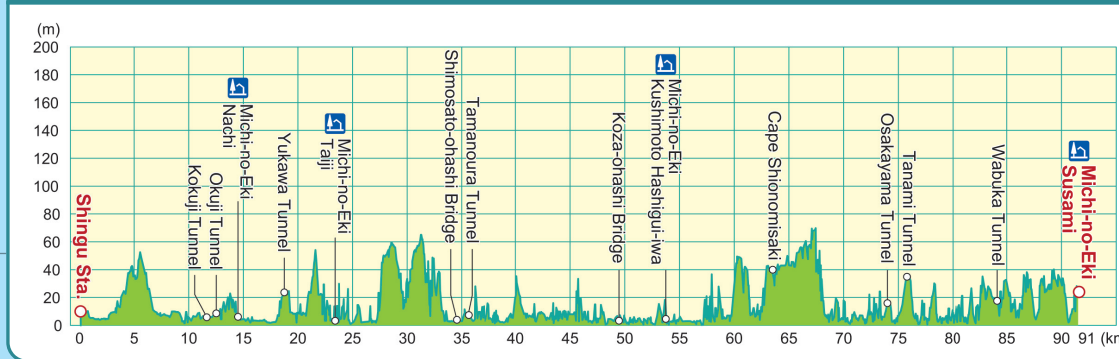
Enlarged view of Nachikatsuura Town



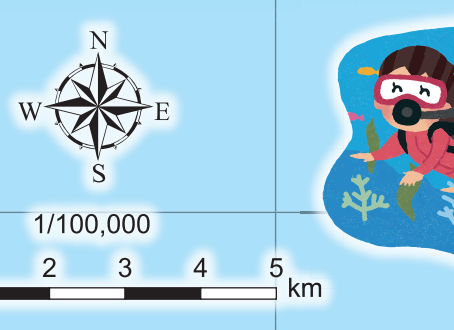
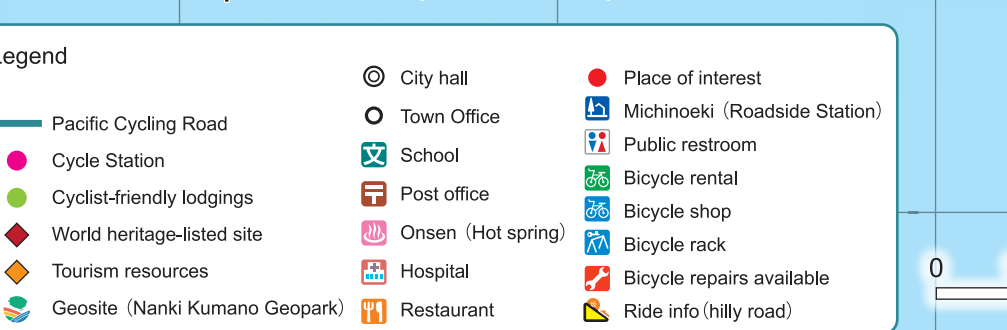
Enlarged view of Shingu City



Elevation Profile of Route between Shingu Sta. and SSusami



Distance 91.0 km
Elevation 998m
Highest elevation 70m
Average slope (Total) 1.1%
Estimated time required About 6 hr 4 min
(At an average speed of 15 km/h)



Legend	
	Pacific Cycling Road
	Cycle Station
	Cyclist-friendly lodgings
	World heritage-listed site
	Tourism resources
	Geosite (Nanki Kumano Geopark)
	City hall
	Town Office
	School
	Post office
	Onsen (Hot spring)
	Bicycle rental
	Bicycle shop
	Bicycle rack
	Bicycle repairs available
	Ride info (hilly road)
	Place of interest
	Michinoeki (Roadside Station)
	Public restroom
	Bicycle shop
	Bicycle rack
	Bicycle repairs available
	Ride info (hilly road)

